



Services Provided at Mount Vernon of South Park

A guide for residents and their families

Our care team is committed to supporting each resident with dignity, respect, and personalized attention. The following services are included in the monthly rate based on each resident's individual care and support plan.

Activities of Daily Living (ADLs)

The following ADLs will be provided as outlined by each resident's care and support plan:

- Eating
- Drinking
- Transferring in/out of bed or chair
- Toileting
- Bladder management
- Bowel management
- Ambulating
- Personal hygiene
- Managing health care
- Securing health care
- Turning and positioning in bed or chair

Instrumental Activities of Daily Living (IADLs)

Additional support services available to help residents maintain independence and quality of life:

- Washing laundry
- Written correspondence
- Engaging in social and leisure activities
- Using a prosthetic device
- Using the telephone
- Medication management
- Housekeeping services

Each resident's care plan is developed individually in partnership with the resident, their family, and our care team. Please don't hesitate to ask if you'd like to learn more about any of the services listed above. We are here to ensure that your loved one is taken care of — if you have any questions or special requests, please do not hesitate to contact us.