



Memory Care at Mount Vernon

Adding support — not taking away independence

For many families, the words “memory care” carry a heaviness — a worry about loss, about separation, about giving up. We want you to know: that’s not what memory care is. It’s a community of people stepping in, alongside you, to make sure your loved one continues to feel safe, seen, and at home — even on the days when the world feels a little less familiar to them.

Memory care simply means additional supervision and specialized support. Our team is trained to ease confusion, maintain familiar routines, and gently come alongside your loved one when fleeting memories make daily life harder. The goal isn’t to take over — it’s to help your loved one keep being themselves, with extra hands close by when they’re needed.

A Different Way to See It

THE FEAR FAMILIES OFTEN CARRY	WHAT MEMORY CARE ACTUALLY OFFERS
Losing their independence	Gaining a support system
Giving up on them	Stepping in with the right help at the right time
Being forgotten or alone	Surrounded by people who know and welcome them
A loss of self	A place where who they are is honored every day

What this looks like day to day: Memory care residents enjoy the same warm meals, welcoming community, and personal attention as our other residents — with a few thoughtful differences. Our specially trained team is always nearby, ready to help when confusion arises. Routines are built around each resident’s preferences, and there are outdoor spaces where they can get fresh air and sunlight under supervision. Family is welcome anytime.

Choosing memory care doesn’t mean you’ve stopped caring — it means you’ve found a team to help carry the weight, so you can return to being who your loved one needs most: their daughter, son, husband, wife, or dear friend. We would be honored to walk this chapter with you.